

Other Interests



Baby Gear 1 - On the Go

(Audience: Expecting and Adopting Parents and Grandparents-to-Be)
NEW! With six unique stroller types in 700 different makes and models, there's no excuse for feeling trapped at home with baby. On-the-go items like strollers and car seats are two of the most expensive initial baby purchases new parents and grandparents make, with an unfortunate amount of people feeling stuck with buyer's remorse. Baby planners to the rescue! Linda and Sarah, mother/daughter co-founders of Before and After Baby Planning, LLC utilize their hours and hours of product research and price-point comparisons in this seminar, helping you shop for the on the go items that meet your budget, your lifestyle, and your needs. And, most importantly, the safety and compatibility between car seats and strollers is the primary focus of several different real life examples. Leave feeling empowered and ready to take your free new diaper bag and goodies along with you on your new adventure. Course fee is \$15 per person or \$25 per couple.

See *BEFORE & AFTER BABY PLANNING's* instructor biography below left.

AD15541	1 session	Monday
	Oct. 19	7:00 p.m.-9:00 p.m.
	\$15	ERHS Rm 2045A

Baby Gear 2 - All About Nursery

(Audience: Expecting and Adopting Parents and Grandparents-to-Be)
NEW! To crib or not to crib? That is not the only question. Between mattresses, changing tables, glider rockers, and play yards, every square foot of your new nursery becomes a more precious commodity than lakefront property. Baby planners to the rescue! Linda and Sarah, mother/daughter co-founders of Before and After Baby Planning, LLC utilize their hours and hours of product research and price-point comparisons in this seminar, teaching you creative ways to save time and money. Even the best episode of home and garden TV can't match these ideas for furnishing a loving, safe, and affordable environment. Take home your new diaper bag with goodies, envisioning its place in your new favorite room. Course fee is \$15 per person or \$25 per couple.

See *BEFORE & AFTER BABY PLANNING's* instructor biography at left.

AD15551	1 session	Monday
	Oct. 26	7:00 p.m.-9:00 p.m.
	\$15	ERHS Rm 2045B

50 Great Dates

NEW! Looking for something fun to do on your next date? Something not "dinner and a movie?" How about fifty new ideas for fun, creative, intriguing and activity dates. Great for first dates, couples and anyone looking for new ways to have fun. We'll cover interesting places, eats, festivals and "surprise me" dates.

DAVID WALBRIDGE has explored all over the Twin Cities, attending cool little festivals, discovering unknown sights and poking around historic structures all while marveling at the possibilities for adventure that exist. He's performed at the SPAM museum, paddled Lake Calhoun, biked a thousand miles and still doesn't know why Harriet Island isn't an island at all.

AD15601	1 session	Wednesday
	Oct. 7	6:30 p.m.-7:45 p.m.
	\$20	ERHS 1024 Gold

Classroom Discipline in the Home

(Audience: Parents of Children Birth - Grade 6)
 Have you ever wondered how a classroom teacher "manages" 28 children all by herself and you can't seem to manage your 2?! We can help! Do you find yourself exhausted with trying to get your kids to settle down? Does getting them to learn new habits seem almost impossible?! Successful teachers use proactive discipline to get the results they seek. Learn the 10 components of classroom discipline that you can use right away to bring peace and order to your home! Then you will create an environment where your children will thrive, and you will feel the satisfaction of teaching them in ways that bring real change. Topics include: structures and routines, rules and consequences, consistency (building trust), organization, planned activities, child development knowledge, providing a model, offering choices, being firm and kind, and displaying patience. Turn your home from a place of chaos to creative learning where you are in charge!

KILEE CHRISTNAGEL has a B.S. in Family Social Science, a Masters in Elementary Education, and is licensed Birth - Grade 6, as well as Parent & Family education. Kilee has taught preschool, kindergarten and primary classes for 11 years through Minneapolis Public Schools. She started her own business, Start Your Kids Engine, specializing in parenting and enrichment seminars, as well as teacher workshops.

AD15511	1 session	Monday
	Nov. 16	6:30 p.m.-8:00 p.m.
	\$15	ERHS Gold 1026

Baby Registry 101 - Save Time, Money & Stress!

(Audience: Expecting and Adoptive Parents and Grandparents-to-Be)
NEW! New parents want the best items for their baby, and the first shopping list usually begins with the baby registry. A journey into any baby isle or online store can bring an onset of sensory overload to even the savviest shopper. Baby planners to the rescue! Linda and Sarah, mother/daughter co-founders of Before and After Baby Planning, LLC utilize their hours and hours of product research and price-point comparisons to help you save money, time, and reduce the stress of the registry process. This interactive and fun class will teach you where to register, and provide you with a registry checklist (including: must haves, nice-to-haves, and fun-to-haves) in the following categories: transportation, nursery, bathing/grooming/personal, diaper duty, feeding time, layette, and safety. Best of all, you'll learn money-saving tips and how to effectively pack the free diaper bag and goodies you receive just for attending. Course fee is \$15 per person or \$25 per couple.

BEFORE & AFTER BABY PLANNING LLC is a concierge and consulting service designed to help new, expectant, and adoptive parents prepare for their baby's arrival. Along with just roughly 30 other baby planners in the country, they are members of the National Baby Planner Association and the only ones in the five state area.

AD15561	1 session	Monday
	Oct. 5	7:00 p.m.-9:00 p.m.
	\$15	ERHS Rm 2045B